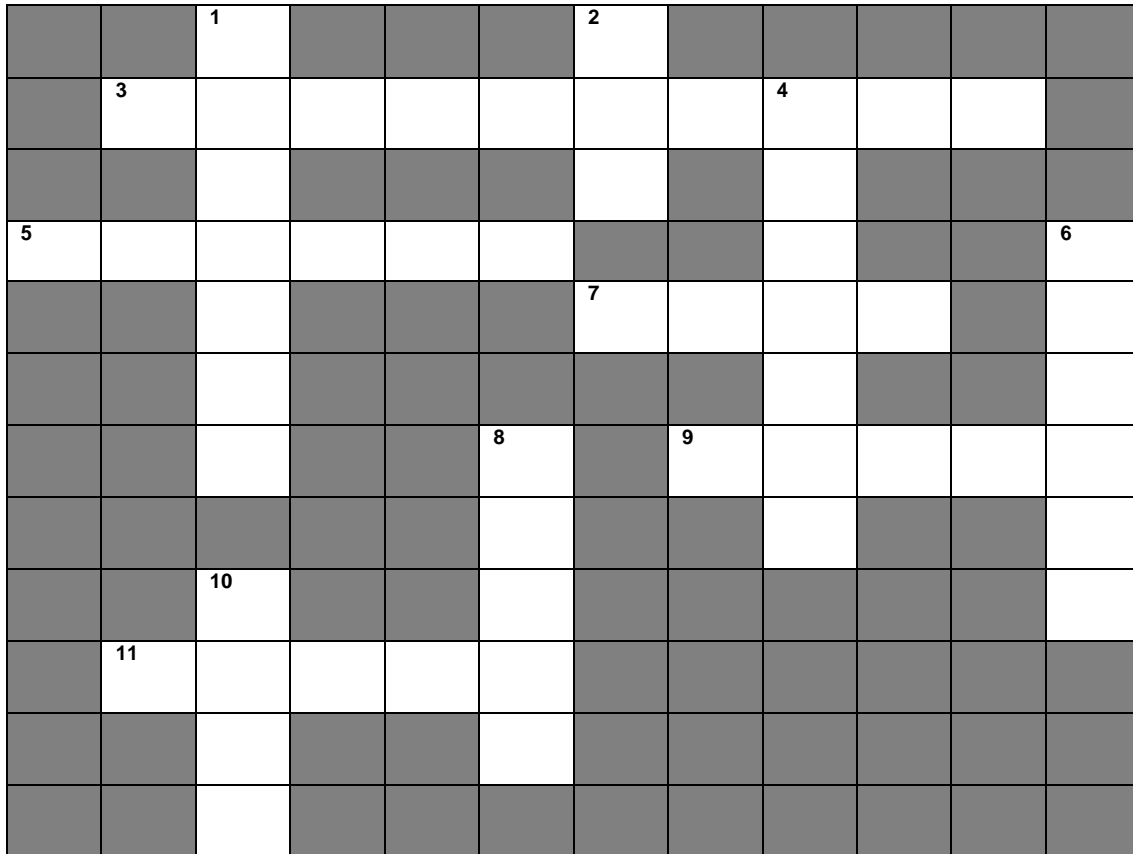


Legumes crossword



Down

1. These nuts are also a legume _____ . (7)
2. Lentils cannot be eaten ____ . (3)
4. Plants that have pods with rows of seeds inside them are called _____ . (7)
6. Legumes come from what types of plants? (6)
8. _____ beans is the most popular way to eat beans. (5)
10. Legumes help maintain a healthy _____ . (4)

Across

3. Legumes are grouped together with _____ . (10)
5. This type of seed is small and flat. (6)
7. Dried beans are added to what type of food? (4)
9. When eating some legumes, we eat the pod and _____ .(5)
11. What are legumes an excellent source of _____ . (5)