

## Word search challenge

B	W	R	S	E	A	D	Y	I	S	E	K	A	L	F	N	R	O	C	N
W	H	E	A	T	G	R	E	G	L	U	T	E	N	D	I	E	N	A	B
T	O	N	E	H	S	W	E	R	R	P	M	I	L	L	E	D	E	R	A
C	L	D	P	I	C	G	E	I	S	E	I	D	Y	R	E	K	A	B	E
N	E	O	T	A	P	R	O	T	E	I	N	T	A	L	N	N	N	O	L
Y	G	S	M	M	B	A	E	I	E	X	E	E	A	O	E	A	S	H	E
D	R	P	W	I	I	I	T	E	D	T	R	R	R	H	E	P	N	Y	G
Y	A	E	F	N	E	N	A	M	S	A	A	I	S	B	L	A	I	D	D
T	I	R	W	S	E	S	L	U	P	H	L	S	Y	A	A	V	P	R	I
I	N	M	C	A	O	H	O	G	I	A	S	O	N	N	F	I	U	A	R
L	R	U	O	L	F	R	F	E	O	U	S	T	N	D	I	T	L	T	R
E	O	E	N	L	T	H	G	L	H	U	S	T	E	S	U	A	R	E	O
G	A	Z	Z	I	P	S	F	H	M	C	A	O	A	S	A	M	C	C	P
A	E	I	O	T	F	C	E	M	U	C	R	E	R	U	E	I	A	I	A
B	P	A	L	R	L	S	U	I	O	M	Y	A	C	O	R	N	N	A	N
I	O	M	S	O	E	H	N	S	R	E	D	S	T	C	W	S	N	E	O
S	T	D	P	T	N	L	L	M	L	T	E	D	W	S	H	E	E	H	O
C	A	N	O	B	R	T	A	R	U	M	S	K	R	U	E	K	D	T	D
U	S	A	R	P	E	D	A	C	R	I	E	A	E	O	A	A	T	L	L
I	S	I	C	L	K	B	N	G	A	L	C	L	P	C	I	E	G	A	E
T	I	H	L	T	L	E	N	T	I	L	E	L	M	M	I	Y	E	E	S
R	U	I	A	S	P	A	G	H	E	T	T	I	A	N	R	R	D	H	T
B	M	U	F	F	I	N	E	T	D	E	I	R	D	C	E	A	T	O	A
E	R	A	E	R	A	S	A	E	P	K	C	I	H	C	T	E	F	D	O
B	D	A	E	R	B	R	E	N	I	A	R	G	I	T	L	U	M	A	D

BAGEL	COUSCOUS	KERNEL	PASTA	SORGHUM
BAKERY	CROPS	LEGUME	PASTRIES	SOYBEAN
BARLEY	DAMPER	LENTIL	PEAS	SPAGHETTI
BEANS	DRIED	LUPINS	PITA	STARCH
BISCUIT	ENDOSPERM	MAIZE	PIZZA	TORTILLAS
BRAN	ENERGY	MILL	PLANTS	TOAST
BREAD	FARM	MILLED	POD	THIAMIN
CAKE	FIBRE	MILLET	PORRIDGE	TOFU
CALCIUM	FLOUR	MINERAL	POTASSIUM	VITAMINS
CANNED	FOLATE	MUFFIN	PROTEIN	WHEAT
CARBOHYDRATE	GLUTEN	MULTIGRAIN	PULSES	WHOLEGRAIN
CEREAL	GRAINS	NAAN	RICE	
CHICKPEAS	HEALTH	NIACIN	RISOTTO	
CORN	HUMMUS	NOODLES	RYE	
CORNFLAKES	IRON	OATS	SEEDS	

THE LEFTOVER LETTERS, WHEN PUT IN ORDER FROM LEFT TO RIGHT, TOP TO BOTTOM, WILL EXPLAIN AN AMAZING FACT ABOUT OUR FLUFFY BREAD.