

Grains and legumes word search

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| S | C | H | I | C | K | P | E | A | S | E | S | O | M | T |
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| A | U | T | E | R | R | A | G | Z | O | M | B | K | F | R |
| E | E | V | A | F | E | R | T | I | Q | S | M | H | F | T |
| B | C | G | O | R | A | A | T | S | P | A | W | S | I | T |
| Y | N | X | D | I | D | I | K | A | A | O | W | E | N | L |
| E | Z | O | N | I | R | Y | G | F | S | P | V | M | S | L |
| N | G | S | O | T | R | H | H | L | A | E | V | U | O | A |
| D | C | Q | U | D | E | R | A | O | Z | S | F | G | T | S |
| I | W | N | Z | T | L | E | O | I | B | W | T | E | A | K |
| K | E | U | T | R | R | E | A | P | L | R | O | L | E | T |
| C | D | I | B | E | T | M | S | Z | L | V | A | V | H | Y |
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| L | D | F | R | L | A | W | R | B | B | N | Z | P | G | V |

BREAKFAST
CARBOHYDRATES
CEREALS
CHICKPEAS
COUSCOUS
GRAINS
KIDNEY BEANS
LEGUMES
LUNCH
MAIZE

NOODLES
MUFFINS
NUTRITIOUS
PASTA
POPCORN
PORRIDGE
PULSES
SPAGHETTI
TORTILLA
WHEAT