

Healthy diet word search

U	C	V	Y	P	H	L	E	V	R	B	S	Z	A	O
R	R	H	E	E	E	S	I	H	S	A	E	Z	J	A
I	S	A	I	N	L	T	I	S	K	K	L	L	S	T
C	S	T	T	C	A	R	S	F	T	E	D	P	G	S
E	W	I	A	M	K	E	A	L	A	D	O	P	G	E
Z	L	A	I	P	M	E	M	B	A	B	O	R	E	R
S	H	N	T	U	L	I	N	A	W	E	N	O	Q	U
C	S	Z	G	E	L	E	T	C	N	A	R	T	V	D
J	O	E	Q	K	R	S	F	W	E	N	I	E	X	A
M	L	R	C	T	A	E	M	O	V	S	Q	I	C	E
T	A	F	N	P	N	U	T	S	O	I	X	N	S	R
V	E	G	E	T	A	B	L	E	S	D	M	O	G	B
R	E	S	E	E	H	C	S	P	A	B	Y	C	H	E
R	S	L	A	R	E	N	I	M	W	H	E	A	T	T
Z	L	J	P	B	Y	O	G	H	U	R	T	N	N	I

BAKED BEANS
CEREALS
CORN
FISH
MEAT
NOODLES
PASTA
RICE
VITAMINS
YOGHURT

BARLEY
CHEESE
EGGS
LEGUMES
MILK
NUTS
PEAS
STAPLE FOOD
WATER

BREAD
CHICKEN
FAT
LENTILS
MINERALS
OATS
PROTEIN
VEGETABLES
WHEAT